

TERMS & CONDITIONS

LAST UPDATED: NOVEMBER 26, 2025

ENLIGHTENED ATHLETICS INC.

Terms & Conditions

Website Terms and Conditions of Use

Last Updated on: November 26, 2025

By using this website as a user (hereinafter “You”), You agree to the following Terms and Conditions of Use and Privacy Policy. Please read them carefully before using this website.

General Provisions

This website is owned and operated by Enlightened Athletics Inc. (hereafter “Our,” “We,” “Us,” or “Company”). Our principal place of business is located at 11350 Bel la Vita Drive, Broomfield, CO 80020.

Use of this website is at Your own risk. We host this site on a reputable platform and take reasonable efforts to maintain and host the site. However, We make no explicit representations or warranties as to the safety of Your individual use of the website. The Terms and Conditions of Use contained on this page are subject to change at any time.

Age Requirements

You must be of legal age of majority in Your place of residence to be able to form legally binding contracts under applicable law to use Our website and to purchase Our templates, courses, and products.

Anyone who does not meet these criteria is unauthorized, unlicensed, and in violation of these Terms and Conditions. By using this site, You represent and warrant that You can form a legally binding contract under applicable law and are of legal age of majority where You reside, and that You agree to abide by all of the terms and conditions of these Terms and Conditions.

Intellectual Property Notice

All text, photographs, graphics, designs, and other materials on this site are subject to the copyrights and other intellectual property rights of Enlightened Athletics Inc. and are protected by United States Copyright Laws (U.S.C. Title 17). Website materials may not be copied for any reason, including Your personal use, commercial use, or distribution, nor may these materials be modified or reposted to other sites without the prior express written permission of Company. We may prosecute You to the fullest extent permissible should We choose to do so, including seeking financial penalties (damages) and/or an injunction forcing You to stop using Our intellectual property immediately.

Digital Products

By purchasing any product from Enlightened Athletics Inc. on this website, You are granted one revocable, worldwide, non-exclusive license to the product(s) You have purchased. If You violate this license by giving or selling a copy of Our product(s) to anyone, We reserve the right to invoice You for the licenses You have given to others and revoke Your access to Our products permanently.

Digital Products Return Policy

Digital products such as ebooks, videos, downloadable content, and courses which are downloadable are not eligible for return.

Your Communications

Any communications made through Our blog, blog comments, newsletter sign-up, or other related pages, or directly to Our phone numbers, mailing address, or email addresses, are not held privileged or confidential and are subject to viewing and distribution by third parties. We own any and all communications displayed on Our website, servers, comments, emails, or other media as allowed by United States law and will not give credit or pay royalties for unsolicited user-generated content such as blog comments or emails.

For more information on when and how We store and use Your communications or any data provided by You in those communications, please refer to Our Privacy Policy on this page.

We maintain a right to republish any submission in whole or in part as reasonably necessary in the course of Our business. You agree not to submit any content or communications that could be illegal or serve an unlawful purpose, including but not limited to: content that is potentially libelous or maliciously false, obscene, abusive, negligent, or otherwise harmful or inappropriate.

Disclaimers

You agree to indemnify and hold harmless Our website and Company for any direct or indirect loss or conduct incurred as a result of Your use of Our website and any related communications, including as a result of any consequences incurred from technological failures such as payment processor error(s) or system failure(s).

While We may reference certain results, outcomes, or situations on this website, You understand and acknowledge that We make no guarantee as to the accuracy of third-party statements contained herein or the likelihood of success for You as a result of these statements or any other statements anywhere on this website.

If You have medical, legal, or financial questions, You should consult a medical professional, lawyer, CPA, and/or CFP respectively. We expressly disclaim any and all responsibility for any actions or omissions You choose to make as a result of using this website, related materials, products, courses, or the materials contained herein.

While Company may offer discounts or promotions at various times, these discounts or offers may be terminated or amended at any time without explanation or warning. Sales, discounts, and offers will not be retroactively applied to past purchases.

This website is updated regularly, and while We try to make accurate statements in a timely and effective manner, We cannot guarantee that all materials and related media contained herein are entirely accurate, complete, or up to date. You expressly acknowledge and understand that any information or knowledge You gain as a result of using this website is used at Your own risk. If You see any errors or omissions and would like to let Us know, please email Us at: **admin@eathletics.fit**.

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Earnings Disclaimer

Company makes no income or financial claims nor guarantees of any kind regarding the potential income that can be generated through Our website, communications, or Your participation in the purchase of any of Our products.

Past results presented on the website are not an indication or promise of Your results. There is no guarantee You will earn any money using any of Our materials, and Your revenue is dependent solely on You and Your actions or non-actions.

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Termination

If at any time Company feels You have violated these Terms and Conditions, Company may immediately terminate Your use of Our website and any related communications as We deem appropriate. It is within Company's sole discretion to allow any user's access to Our website, and We may revoke this access at any time without notice and, if necessary, block Your IP address from further visits to Our site(s).

Entire Agreement

The information contained herein constitutes the entire agreement between site users and Our Company relating to the use of this website.

Severability & No Waiver

If any part of these Terms and Conditions of Use is deemed unlawful and/or unenforceable, all other provisions shall remain in full force and effect. Any failure by Company to enforce a provision of these Terms and Conditions of Use shall not constitute a waiver of any other portion or provision.

Headings

Headings and titles are provided in these Terms and Conditions of Use for convenience only and will not be construed as part of the legal terms.

Venue & Jurisdiction

These Terms and Conditions of Use and Our Privacy Policy shall be governed by and construed in accordance with the laws of the State of Colorado, including all matters of construction, validity, performance, and enforcement, and without giving effect to conflict-of-law principles.

You agree that any dispute or lawsuit arising out of, or concerning, this Agreement that is not first resolved by arbitration shall be resolved exclusively in a federal or state court of competent jurisdiction located in Colorado, United States of America.

You and Company assume responsibility for Your own collection costs and legal fees incurred should enforcement of these conditions become necessary.

[Mediation &] Arbitration

Option 1

Before initiating any arbitration proceedings, Company and You agree to first attempt to resolve any dispute, claim, or controversy arising out of or relating to these Terms and Conditions of Use—including the breach, termination, enforcement, interpretation, or validity thereof—through good faith mediation.

Mediation will be conducted in Broomfield, CO, with a mutually agreed-upon mediator, or if no agreement is reached, a mediator appointed by the parties.

If the matter is not resolved through mediation within **[thirty (30)]** days of the initial request for mediation (or a longer period if agreed to by the parties), then the dispute shall be decided by arbitration in accordance with the procedural rules of the American Arbitration Association.

Company and You agree to be bound by the decision of the arbitrator(s).

The arbitration proceeding shall take place in Broomfield, CO.

The cost and expenses of the arbitrators shall be shared equally by the parties.

Each party shall be responsible for its own costs and expenses in presenting the dispute for arbitration.

Digital Product Disclaimer

The digital product is provided for **educational and informational purposes only**. It is not intended to diagnose, treat, cure, or prevent any medical condition, nor should it be considered medical, nutritional, or professional advice.

The nutrition, training, cardio, and competition preparation strategies shared in any guide are **general in nature** and may not be suitable for every individual. Results vary based on individual factors including health status, genetics, lifestyle, and adherence.

Before beginning any nutrition or fitness program—especially a physique competition prep—you should consult with a **qualified healthcare provider or registered dietitian**, particularly if you are pregnant, nursing, have a medical condition, or are taking medications.

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Questions

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 admin@eathletics.fit

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